Mini Ninja Camp

Ages 3 & 4
$75 per week

*If your child is not able to use the restroom independently, a parent or caregiver must stay in the building during camp.

Practice stealthy Ninja skills in a gymnastic setting! This high energy Ninja summer camp introduces obstacle courses, games, and activities using our gymnastics equipment, trampolines, climbing rope and foam pit. Sign up for one or two weeks! Camp goals: Listening skills, confidence, trying new things, working through frustration, and manners.
Please bring a water bottle and snack (optional).

Tuesday & Thursday
9:00am - 11:00am

June 13 & June 15
June 20 & June 22
July 25 & July 27
Aug. 22 & Aug. 24

Ninja Camp

Ages 5+
$105 per week

Practice stealthy Ninja skills in a gymnastic setting! This high energy Ninja summer camp introduces obstacle courses, games, and activities using our gymnastics equipment, trampolines, climbing rope and foam pit.
Sign up for one or more weeks!
Please bring a water bottle and snack (optional).

Tuesday, Wednesday & Thursday
1:00pm - 3:00pm

June 20 - June 22
July 11 - July 13
July 25 - July 27
Aug. 8 - Aug. 10
Aug. 22 - Aug. 24

Mindful Mondays

Ages 5+
$40 per day

This camp is a great opportunity to tap into the power of your child's mind. Kids will be introduced to breathtaking exercises, meditation, basic yoga poses and other simple mindfulness activities. In addition to this the kids will take part in a community service project such as sending a Thank You card to service members, drawing a picture or greeting card for nursing home residents, and making no-sew fleece blankets for children.

Monday
1:00pm - 3:00pm

June 12	**July 10**	**August 7**
June 19	**July 17**	**August 14**
June 26	**July 24**	**August 21**
	July 31	

Weekly Summer Camp Themes

June 12 - Top Secret Detectives
June 19 - Find your Superpower
June 26 - Flips and Fireworks
July 10 - Treasure Hunters
July 17 - Circus Fun
July 24 - Pirate Adventures
July 31 - Legacy All Stars
August 7 - Underwater World
August 14 - Welcome to the Wild West
August 21 - Extreme Ninja Takeover

Legacy GYMNASTICS
7593 CORPORATE WAY
EDEN PRAIRIE, MN 55344
952-746-8183
GYMLEGACY.COM
GYMNASTICSLEGACY@GMAIL.COM
Designed by Chris Miller Graphics

2023 KIDS SUMMER Camp

At Legacy Gymnastics

School is out

We are in!

Preschool Camp
Ages 3 & 4

$75
per week

Come join us at Legacy Gymnastics, where fitness is fun! This camp is a great introduction to gymnastics. Coaches will provide an exciting and positive atmosphere for children to explore while developing muscular and mental aspects of a growing body. Preschoolers will have a short table time to enjoy a snack (brought from home) and create a themed craft. If your child is not able to use the restroom independently, a parent or caregiver must stay in the building during camp.
Please bring a water bottle for your child.

Tuesday & Thursday
9:00am - 11:00am
June 27 & June 29
July 11 & July 13
July 18 & July 20
Aug. 1 & Aug. 3
Aug. 8 & Aug. 10
Aug. 15 & Aug. 17

School Age Camp
Ages 5+

9:00am-12:00pm
$140
per week

***9:00am-3:00pm**
$250
per week

Coaches will lead students with exercises that increase flexibility and strengthen the cardiovascular, muscular and mental aspects of growing bodies. The day will start with large group themed warm up activities, and then progress into event rotations (bars, beam, floor, vault, and trampoline). The morning agenda will also include time for games, contests, open gym and outdoor time. Please bring a water bottle and morning snack (optional).
***After lunch campers will join our afternoon specialty camp, either Ninja or Tumbling, depending on the week. All Day Campers will need to bring their own lunch.**

Tuesday, Wednesday & Thursday
9:00am - 12:00pm
***9:00am - 3:00pm**

June 13 - June 15
June 20 - June 22
June 27 - June 29
July 11 - July 13
July 18 - July 20
July 25 - July 27
Aug. 1 - Aug. 3
Aug. 8 - Aug. 10
Aug. 15 - Aug. 17
Aug. 22 - Aug. 24

Tumbling & Trampoline Camp
Ages 5+

$105
per week

Participants will spend time on the spring floor, Tumbl Trak, and trampoline to improve their coordination, increase motor skills and develop strength and flexibility. Beginner students will focus on the early stages of tumbling; rolling, handstands, cartwheels and walkovers. Advanced students will work towards; aerials, handsprings and flips. Everyone will have time to enjoy the thrill of flying high on the trampoline!

Tuesday, Wednesday & Thursday
1:00pm - 3:00pm
June 13 - June 15
June 27 -June 29
July 18 - July 20
Aug. 1 - Aug. 3
Aug. 15 - Aug. 17