



2025 Optional & Xcel MN State Championship

FRIDAY - Blue Gym					FRIDAY - Red Gym				
Sess #	Levels 9/10 Ages	Open Stretch	March In	Warm Up	Sess #	Diamond, Sapphire, Gold / Ages	Open Stretch	March In	Warm Up
B01	L9: Jr. C Sr. A & B	8:00am	8:20am	8:30am	R01	XD: Jr. A & D Sr. B & C	8:00am	8:20am	8:30am
B02	L9: Jr. A & B L10: Jr C	11:45am	12:05pm	12:15pm	R02	XD: Jr. B & C Sr. A Sap: All	11:45am	12:05pm	12:15pm
B03	L10: Jr A & B Sr. A, B Senior Awards for Dev. & Xcel will take place after Session 3	3:00 pm	3:20pm	3:30pm	R03	XG: Ch D & E Sr A & F	3:00 pm	3:20pm	3:30pm
					R04	XG: Ch B & G Jr. A Sr E	6:20pm	6:40pm	6:50pm
SATURDAY - Blue Gym					SATURDAY - Red Gym				
Sess #	LV 6 & 8 Ages	Open Stretch	March In	Warm Up	Sess #	Gold Ages	Open Stretch	March In	Warm Up
B04	L6: Jr. B & D Sr. B & C	8:00am	8:20am	8:30am	R05	XG: Jr. C, F & G Sr D	8:00am	8:20am	8:30am
B05	L6: Jr. A & C Sr. A & D	11:40am	12:00pm	12:10pm	R06	XG: Ch H Jr. H Sr C & H	11:40am	12:00pm	12:00pm
B06	L8: Jr. A, B & ,D Sr A	3:00 pm	3:20pm	3:30pm	R07	XG: Ch A Jr D Sr. B & G	3:00pm	3:20pm	3:30pm
B07	L8: Jr. C, Sr. B,C & D	6:20pm	6:40pm	6:50pm	R08	XG: Ch C, F Jr. B & E	6:20pm	6:40pm	6:50pm
SUNDAY - Blue Gym					SUNDAY - Red Gym				
Sess #	Level 7 Ages	Open Stretch	March In	Warm Up	Sess #	Platinum Ages	Open Stretch	March In	Warm Up
B08	L7: CH A & B Sr. C	8:00am	8:20am	8:30am	R09	XP: Ch E Jr. C Sr C & D	8:00am	8:20am	8:30am
B09	L7: Jr. B Sr. A & B	11:40am	12:00pm	12:10pm	R10	XP: CH A Jr. E Sr. B & E	11:40am	12:00pm	12:00pm
B10	L7: Ch C, Jr. A & C	3:00 pm	3:20pm	3:30pm	R11	XP: Ch B & F Jr. D Sr A	3:00pm	3:20pm	3:30pm
					R12	XP: Ch C & D Jr A & B	6:20pm	6:40pm	6:50pm

Doors open at 7:40am each day.